



# WATER POLO

## SUMMER SPLASH CLINIC

### JUNE 22 - AUGUST 20

Practices will focus on the fundamentals of the sport of water polo including head-up freestyle swimming, treading water, catching and throwing with one hand, as well as full length 25-yard scrimmaging. New coaches Daniel Cardona and Jeff Swerdlow will join Chris Kelsch and Sarah Carter.

This clinic is intended for new players who want to try water polo ahead of the competitive fall season.

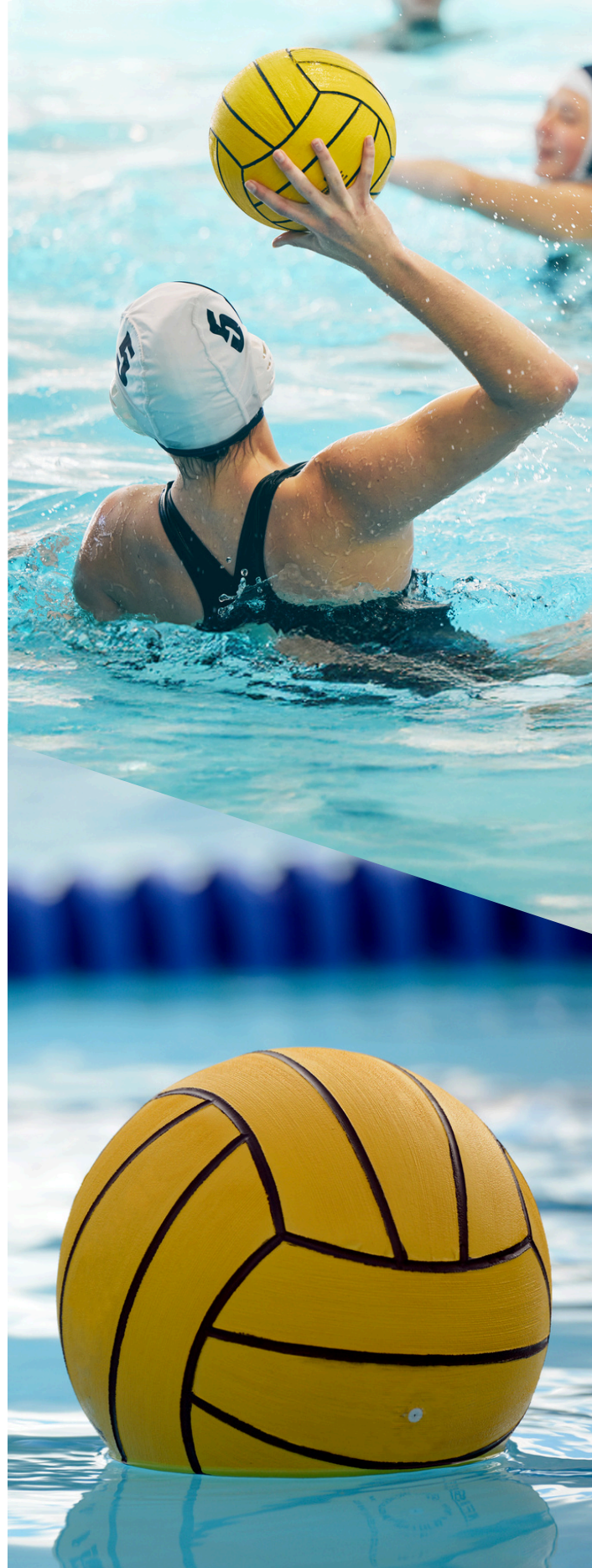
Beginners are welcome! Must be able to swim four 25-yard laps continuously and tread water for 60 seconds.

### DETAILS

Mondays and Thursdays at 6:30pm  
Park Street YMCA

Ages: 9-12 years  
Fee: \$375/player

Register at [montclairymca.org/competitive-aquatics/](https://montclairymca.org/competitive-aquatics/)



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### CONTACT

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