



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Camp at the Lake Packing List

### **What your child should WEAR to camp:**

- All campers should wear a swimsuit daily. If a swimsuit is worn under clothes, please send underwear and a change of clothes in your child's backpack. It is easiest for children to wear swimsuits under their clothes and throughout the day as they are in and out of the lake and water activities.
- **SNEAKERS! Open-toed sandals and flip flops are not permitted at camp. All camp activities require sneakers for the safety of the campers.**
  - Closed-toed keen shoes with a reinforced back are acceptable.
  - CROCS ARE NOT ACCEPTABLE for activities but can be worn on the beach.
- SUNSCREEN & BUGSPRAY! Campers will have the opportunity to re-apply sunscreen/bug spray throughout the day as needed.
- A light-colored hat is encouraged as it will keep your child cool when playing in the sun.
- Please send your child in rainy-day gear on days when it is raining.
  - Suggested clothing items include sweatshirts, long pants, raincoats. Ponchos are strongly encouraged as they tend to work the best!
- KIDS GET DIRTY AT CAMP! This means they had a great day! Please make sure to send your child in appropriate clothing that is comfortable and can get dirty.

### **What your child should BRING to camp:**

- Campers should bring a backpack LABELED with their first and last name to hold their belongings.
- Refillable water bottle, towel, change of clothes, sunscreen, bug spray, nut-free lunch, snack, goggles, water shoes.
- Please make sure to pack a plastic bag (such as a Ziploc) for your child to bring their wet clothes home in. This bag MUST BE LABELED!
- A book for the bus ride home is acceptable.

### **What NOT to bring to camp:**

- Electronics of any kind including cell phones, hand-held gaming devices, tablets, etc. The YMCA is not responsible for lost and/or stolen items.
- Toys, trading cards, Pokémon cards, money, jewelry, or any other unnecessary items.
- Alcohol, drugs, vehicles, weapons, animals, or personal sports equipment.

**PLEASE REMEMBER TO LABEL EVERYTHING THAT  
YOUR CHILD COMES TO CAMP WITH!!**