



DIVE INTO FALL WITH CONFIDENCE

**YMCA of Montclair's Group Swim Lessons at Park Street
Fall Session 1: Sep 3 - Oct 27**



FALL SESSION CLASSES

8 weeks: Tue, Wed, Thu, Sat, & Sun
7 weeks: Mon (No class on Sep 2)



PRICING

\$116/Family Members: Tue-Sun classes
\$101/Family Members: Mon classes
\$146/Individual Members: Tue-Sun classes
\$128/Individual Members: Mon classes



REGISTRATION DATES

Mon, Aug 12: Family Members
Mon, Aug 19: All Members



LEARN MORE

Visit montclairymca.org/aquatics/group-swim-lessons/ to learn more about program information, swim evaluations, and pool policies.

We offer Private Swim Lessons too!

For more information, please contact:

Tammy Como

Executive Director of Aquatics and Risk Management

✉ tcomo@montclairymca.org

☎ 973-559-9280





PARK STREET AQUATICS

Fall Session 1: Sep 3 - Oct 27

Register at montclairymca.org/aquatics/group-swim-lessons/

FALL 2024: ALL CLASSES MEET 1X PER WEEK - MON, TUE, WED, THU, SAT, & SUN

CLASS	AGE	MON	TUE	WED	THU	SAT	SUN
Parent/Child A	6-24m						9:10-9:45a
Parent/Child B	19-36m						8:35-9:05a 9:50-10:20a
School Age Stage 1	6-12 yrs		5:35-6:15p	6:45-7:25p		11:15-11:55a	
School Age Stage 2	6-12 yrs	5:25-6:05p 6:10-6:50p 6:55-7:35p	4:05-4:45p 4:50-5:30p	5:25-6:05p 7:30-8:10p	4:00-4:40p 5:30-6:10p 6:15-6:55p	9:45-10:25a 10:30-11:10a 12:00-12:40p	
School Age Stage 3	6-12 yrs	5:25-6:05p 6:10-6:50p 6:55-7:35p	4:05-4:45p 4:50-5:30p	5:25-6:05p 6:45-7:25p 7:30-8:10p	4:00-4:40p 4:45-5:25p 5:30-6:10p 6:15-6:55p	9:45-10:25a 10:30-11:10a 11:15-11:55a 12:00-12:40p	
School Age Stage 4	6-14 yrs	6:10-6:50p	4:50-5:30p 5:35-6:15p	5:25-6:05p 7:30-8:10p	4:45-5:25p 5:30-6:10p	9:45-10:25a 10:30-11:10a 11:15-11:55a 12:00-12:40p	
School Age Stage 5	8-14 yrs	6:55-7:35p	5:35-6:15p	6:45-7:25p	6:15-6:55p	9:45-10:25a 11:15-11:55a	
School Age Stage 6	8-14 yrs	5:25-6:05p			4:00-4:40p	10:30-11:10a	
School Age Stage 7A (Endurance, Sports & Games)	10-16 yrs successful completion of stage 6				4:45-5:25p		
School Age Stage 7B (Aquatics Conditioning)	10-16 yrs successful completion of stage 6		4:05-4:45p			12:00-12:40p	
Diverse Abilities (Aquatics Inclusion Class)	6 yrs+						
Adult/Teen Beginners (Stages 1-3)	13 yrs+	7:40-8:20p	9:10-9:50a 6:20-7:00p	9:10-9:50a		9:00-9:40a	
Adult/Teen Int/Adv (Stages 4-6)	14 yrs+	7:40-8:20p	9:10-9:50a 6:20-7:00p	9:10-9:50a		9:00-9:40a	



FLOAT INTO FALL WITH CONFIDENCE

YMCA of Montclair's Group Swim Lessons at Geyer Family
Fall Session 1: Sep 3 - Oct 27



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PRICING

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REGISTRATION DATES

Mon, Aug 12: Family Members
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LEARN MORE

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We offer Private Swim Lessons too!

For more information, please contact:
Claire LaMonica
Geyer Family YMCA Aquatics Coordinator
✉ clamonica@montclairymca.org
☎ 973-415-6123





GEYER FAMILY AQUATICS

Fall Session 1: Sep 3 – Oct 27

Register at montclairymca.org/aquatics/group-swim-lessons/

FALL 2024: ALL CLASSES MEET 1X PER WEEK – MON, TUE, WED, THU, SAT, & SUN

CLASS	AGE	MON	TUE	WED	THU	SAT	SUN
Parent /Child Stage A Water Discovery	6-24m	2:45-3:15p 5:15-5:45p			10:00-10:30a	8:15-8:45a 8:50-9:20a	10:25-10:55a
Parent /Child Stage B Water Exploration	19-36m	5:50-6:20p			1:00-1:30p	9:25- 9:55a 10:00-10:30a	11:00-11:30a 11:35a-12:05p
Preschool Stage 0	3 yrs	1:00-1:30p 2:10-2:40p 4:40-5:10p	4:00-4:30p		4:00-4:30p	10:35-11:05a 11:10-11:40a	
Preschool Stage 1 Water Acclimation	3-5 yrs	1:00-1:30p 1:35-2:05p 2:10-2:40p 4:05-4:35p 4:40-5:10p 6:25-6:55p	4:00-4:30p 4:35-5:05p 5:55-6:25p	4:00-4:30p 5:20-5:50p 7:15-7:45p	4:00-4:30p 4:35-5:05p	10:35-11:05a 11:10-11:40a 11:45a-12:15p 1:05-1:35p	9:50-10:20a
Preschool Stage 2 Water Movement	3 -5 yrs	1:35-2:05p 4:05-4:35p 4:40-5:10p 6:25-6:55p	4:00-4:30p 4:35-5:05p 5:55-6:25p	4:00-4:30p 5:20-5:50p 5:55-6:25p 7:15-7:45p	4:00-4:30p 4:35-5:05p 5:10-5:40p	10:35-11:05a 11:10-11:40a 11:45am-12:15p 1:05-1:35p	9:50-10:20a
Preschool Stage 3 Water Stamina	3-5 yrs	2:45-3:15p 4:05-4:35p	4:35-5:05p 5:55-6:25p	5:20-5:50p 5:55-6:25p	5:10-5:40p	10:35-11:05a 11:45-12:15p 1:05-1:35p	
Preschool Stage 4 Stroke Introduction	4-5 yrs	6:25-6:55p		5:55-6:25p	5:10-5:40p	10:00-10:30a	
School Age Stage 1 Water Acclimation	6-12 yrs	7:00-7:40p	5:10-5:50p	4:35-5:15p 6:30-7:10p	5:45-6:25p	12:20-1:00p 1:40-2:20p	
School Age Stage 2 Water Movement	6-12 yrs	7:00-7:40p	5:10-5:50p	4:35-5:15p 6:30-7:10p	5:45-6:25p	12:20-1:00p 1:40-2:20p	10:30-11:10a
School Age Stage 3 Water Stamina	6-12 yrs	5:20-6:00p 7:00-7:40p	5:10-5:50p	4:35-5:15p 6:30-7:10p	5:45-6:25p	9:15-9:55a 12:20-1:00p	