<table>
<thead>
<tr>
<th>CLASS</th>
<th>AGE</th>
<th>MON/WED</th>
<th>TUE/TH*</th>
<th>SAT (8 Classes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Child A</td>
<td>6m-24m</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Preschool Stage 1</td>
<td>3-5 yrs</td>
<td>6:10-6:40pm</td>
<td>6:10-6:40pm</td>
<td></td>
</tr>
<tr>
<td>Preschool Stage 2</td>
<td>3-5 yrs</td>
<td>6:10-6:40pm</td>
<td>6:10-6:40pm</td>
<td></td>
</tr>
<tr>
<td>Preschool Stage 3</td>
<td>4-5 yrs</td>
<td>6:10-6:40pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Stage 1</td>
<td>6-12 yrs</td>
<td>5:25-6:05pm</td>
<td>6:15-6:55pm</td>
<td></td>
</tr>
<tr>
<td>School Age Stage 2</td>
<td>6-12 yrs</td>
<td>3:55-4:35pm, 4:40-5:20pm, 5:25-6:05pm, 6:45-7:25pm</td>
<td>4:00-4:40pm, 4:45-5:25pm, 5:30-6:10pm, 6:15-6:55pm</td>
<td>9:45-10:25am, 10:30-11:10am</td>
</tr>
<tr>
<td>School Age Stage 3</td>
<td>6-12 yrs</td>
<td>3:55-4:35pm, 4:40-5:20pm, 5:25-6:05pm, 6:45-7:25pm</td>
<td>4:00-4:40pm, 4:45-5:25pm, 5:30-6:10pm, 6:15-6:55pm</td>
<td>9:45-10:25am, 10:30-11:10am, 11:15-11:55am, 12:00-12:40pm</td>
</tr>
<tr>
<td>School Age Stage 4</td>
<td>6-14 yrs</td>
<td>3:55-4:35pm, 4:40-5:20pm, 5:25-6:05pm, 6:45-7:25pm</td>
<td>4:00-4:40pm, 4:45-5:25pm, 5:30-6:10pm, 6:15-6:55pm</td>
<td>9:45-10:25am, 10:30-11:10am, 11:15-11:55am, 12:00-12:40pm</td>
</tr>
<tr>
<td>School Age Stage 5</td>
<td>8-14 yrs</td>
<td>4:40-5:20pm, 6:45-7:25pm</td>
<td>4:45-5:25pm, 5:30-6:10pm</td>
<td>9:45-10:25am, 11:15-11:55am</td>
</tr>
<tr>
<td>School Age Stage 6</td>
<td>8-14 yrs</td>
<td>3:55-4:35pm</td>
<td>4:45-5:25pm</td>
<td>10:30-11:10am</td>
</tr>
<tr>
<td>School Age Stage 7A (Endurance, Sports &amp; Games)</td>
<td>10-16 yrs successful completion of Stage 6</td>
<td>4:00-4:40pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Age Stage 7B (Aquatics Conditioning)</td>
<td>10-16 yrs successful completion of Stage 6</td>
<td></td>
<td>12:00-12:40pm</td>
<td></td>
</tr>
<tr>
<td>Adult/Teen Beginners (Stages 1-3)</td>
<td>13 &amp; up</td>
<td>7:30-8:10pm</td>
<td>9:10-9:50am</td>
<td></td>
</tr>
<tr>
<td>Adult/Teen Intermediate/Advanced (Stages 4-6)</td>
<td>14 &amp; up</td>
<td>7:30-8:10pm</td>
<td>9:10-9:50am</td>
<td>9:00-9:40am</td>
</tr>
</tbody>
</table>

Registration and session dates on back of flyer
SUMMER 1 SESSION: June 26 – July 21
- Weekday Classes Meet 2 Times a Week
- Mon and Wed or Tues and Thurs
- No Group Classes On Tues, July 4
- Classes will be held on: Mon, July 3

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>MON &amp; WED (8 Classes)</th>
<th>TUES &amp; THURS (7 Classes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Members</td>
<td>Family Members</td>
<td></td>
</tr>
<tr>
<td>Registration: Mon, June 12</td>
<td>$110</td>
<td>$97</td>
</tr>
<tr>
<td>Individual Members</td>
<td>Individual Members</td>
<td></td>
</tr>
<tr>
<td>Registration: Mon, June 19</td>
<td>$138</td>
<td>$121</td>
</tr>
</tbody>
</table>

SUMMER 2 SESSION: July 24 – August 17

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>MON &amp; WED (8 Classes)</th>
<th>TUES &amp; THURS (8 Classes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Members</td>
<td>Family Members</td>
<td></td>
</tr>
<tr>
<td>Registration: Mon, July 10</td>
<td>$110</td>
<td>$110</td>
</tr>
<tr>
<td>Individual Members</td>
<td>Individual Members</td>
<td></td>
</tr>
<tr>
<td>Registration: Mon, July 17</td>
<td>$138</td>
<td>$138</td>
</tr>
</tbody>
</table>

Helpful Reminders:
- **Make-Up classes are not available.** A system credit may be provided for missed classes provided a doctor’s note is provided to the Aquatics Department within 7 days of the missed class.
- **Refund Policy:** If it’s necessary for us to cancel a class due to lack of registration, we’ll issue a full program fee refund. A 75% program fee refund will be made if you give notice one week prior to the start of a program. No refunds are given once a program has started.
- **Infant and Toddlers:** a reusable swim diaper or a disposable swim diaper with a plastic pant covering is required for all program participants who are not potty-trained. Diapers are not permitted in the pools at anytime. Amazon has many options for reusable swim diapers. A possible option can be viewed on Amazon with following link: https://a.co/d/2jI357i
- **Swim Caps:** Class participants 5yrs and up must wear a swim cap at our Park Street Branch.

Swim Evaluations:
- A stage evaluation is not necessary for non-swimmers or beginner swimmers enrolling in Stage 1 or Stage 2. A swim lesson evaluation is required for entry into the Preschool and School Age swimming programs for Stages 3 and up.
- Swim Lesson Evaluations are free to YMCA of Montclair members and $35 for non-members (fee must be paid before evaluation (membership status is determined at the time of the evaluation).
- Any participant who is new or hasn’t attended a lesson in 6 months and wants to enroll in a Stage 3 or higher class needs an evaluation before registering. Swim Lesson evaluations are held at the Park Street Branch’s Small Pool, Monday through Thursday starting at 3pm and ending at 3:45pm, appointments are not needed.

For more information, please contact:
Anna Smith, Park Street YMCA Aquatics Director • Email: asmith@montclarymca.org • Phone: (973) 415-6135
**CLASSAGE**

**MON/WED**

**TU/TH**

**SAT**

Parent /Child Stage A  
6-24 m  
5:45-6:15pm  
8:15-8:45am 8:50-9:20am

Parent /Child Stage B  
19-36 m  
6:30-7:00pm  
9:25-9:55am 10:00-10:30am

Preschool Stage 0  
3 yrs  
4:00-4:30pm  
10:35-11:05am 11:10-11:40am

Preschool Stage 1  
3-5 yrs  
4:00-4:30pm 4:35-5:05pm 5:10-5:40pm  
4:00-4:30pm 4:35-5:05pm 5:55-6:25pm  
10:35-11:05am 11:10-11:40am 11:45-12:15pm 1:05-1:35pm

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3-5 yrs  
4:00-4:30pm 4:35-5:05pm 5:10-5:40pm  
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3-5 yrs  
5:10-5:40pm  
6:30-7:00pm  
10:35-11:05am 11:45-12:15pm 1:05-1:35pm

Preschool Stage 4  
4-5 yrs  
6:30-7:00pm  
6:30-7:00pm  
10:00-10:30am

School Age Stage 1  
6-12 yrs  
5:45-6:25pm 7:05-7:45pm  
5:10-5:50pm 7:05-7:45pm  
12:20-1:00pm 1:40-2:20pm

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7:05-7:45pm  
5:10-5:50pm 7:05-7:45pm  
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7:05-7:45pm  
5:10-5:50pm 7:05-7:45pm  
9:15-9:55am 12:20-1:00pm 1:40-2:20pm
AQUATICS SUMMER 2023
GEYER FAMILY YMCA

Class Location:
159 Glenridge Ave
Montclair, NJ 07042
(973) 744-3400

Summer 1: June 26 - July 20
Summer Saturday’s: July 1 - August 19

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Summer 2: July 24 - August 17

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For more information, please contact:
Muhammad Sadrud-Din
Geyer Family YMCA Aquatics Director
Email: msadrud@montclairymca.org
Phone: (973) 744-3400 ext. 211