



PARK STREET GYM SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Zumba 8am-9am		Boot Camp 8am-8:45am			Zumba 8am-9am	Adult Bball Ages 18+ 8am-10am
Sr Strength End & Bal 9:30-10:15am		Chair Yoga 10:00- 10:45am	Boot Camp 10am- 10:45am	Zumba 8am-9am	Travel BBall 9am-10:30am	Family Gym Set up 10:30- 11am
			Pickleball 11:15-1pm	Sr Strength End & Bal 8:45-9:30am	Travel BBall 10:45am- 12:15pm	Family Gym 11am-2pm
Pickleball 11:15-1pm	Pickleball 11:15-1pm	Pickleball 11:15-1pm	Sr. Low Impact Movement 1:15-2pm	Pickleball 11:15-1pm	Travel BBall 12:30pm-2pm	
All Star MVP Bball 3:45-4:30pm	She got game grades 1-3 3:40-4:25pm		Tennis Grades 1-3 3:45-4:30pm			
MVP Advanced 4:30-5:15pm	She got game grades 4-6 4:30-5:15pm	Rookie Bball grades 1-3 3:45-4:30pm	Tennis grades 4-6 4:30-5:15pm	Soccer Grades 1-3 3:45-4:30pm		
Sports Sample 5:15-6:00pm	Bump,Set& Spike 5:15-6:00pm	Starter Bball 4:30-5:15pm	Sports Sample 5:15-6:00pm	Soccer grades 4-6 4:30-5:15pm		
Teen Bball 6:00-7:00pm	Butts & Guts 6:00-7:00pm	Back to Abs 5:15-5:45pm	Travel BBall 6:15-7:15pm	Back to Abs 5:15-5:45pm		
Adult Bball Ages 18+ 7pm-8pm	Travel BBall 7:15-8:15pm	Zumba 6-7:15pm	Teen Bball 7:30-8pm	Zumba 6-7pm		
		Travel BBall 7:15-8:15pm		Gym closed 7:00-8:00pm		11.9.2021